

# **FIREARMS TRAINING**

## **POST PSP PROGRAM, MODULE 1**

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**TOPIC:** Tactical Firearms

**TIME FRAME:** 4:00

**LEVEL OF INSTRUCTION:** II

### **BEHAVIORAL OBJECTIVE:**

- Condition:** Given a class activity, practical exercise and examination.
- Behavior:** The student will demonstrate a practical working knowledge of firearms skills and safety.
- Standard:** Each student will demonstrate a minimum standard of performance with every technique, exercise, or course of fire. Minimum standards of performance will be evaluated by an instructor observing the student during performance of the technique, exercise, or course of fire. If the student doesn't meet minimum standards, individual remediation will be given until the standard is met. Firearms testing will include safety, accuracy, and competency and effectiveness with weapons.

**COURSE OBJECTIVES:** Upon completion of this course, the student will know:

1. The agency's use of force and firearms policy.
2. Important case law as it relates to the use of firearms and the use force.
3. Important officer survival concepts.
3. The basic fundamentals of combat shooting.

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**MATERIALS NEEDED:**           Targets with backing (Speedwell B-27FSA)  
  Target patches  
  Water  
  Overhead projector  
  Ammunition  
  Clipboard  
  Safety equipment  
  First Aid kit

### **HOURLY DISTRIBUTION SCHEDULE**

0000 – 0030   **INTRODUCTION**  
                  Course overview/Safety guidelines/Health considerations

0030 – 0100   **USE OF FORCE REVIEW**  
                  Moral/Ethical/LEOKA/Department Policy

0100 – 0130   **FUNDAMENTALS TRAINING**  
                  Shooting fundamentals/Pistol Presentation

0130 – 0200   **DRY FIRE DRILLS**

0200 – 0330   **COURSES OF FIRE**  
                  Reloading/Weapons Clearing/Failure Drills/Combat Drills

0330 – 0400   **QUALIFICATION & TESTING**  
                  Remediation

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## POST PSP PROGRAM, MODULE 1

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### OUTLINE

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#### I. INTRODUCTION

A. Overview of curriculum **(1b)**

1. Class exercises/evaluation/testing
2. Breaks/location of facilities
3. Instructor introductions

B. Safety Plan

Read attached "Safety Plan" **(1c)**

1. Follow all rules as outlined in the safety plan
2. Follow instructors commands
3. Strict weapon discipline and muzzle control
4. No "lasering".
5. Movement and reloading only on double action.
6. Trigger finger indexed until ready to fire.

C. Range operations

D. Health considerations (lead)

#### II. USE OF FORCE

**(1h,l,j)**

A. Moral and Ethical issues involving lethal force

B. Civil implications of lethal force

C. Penal Code

1. 835a PC: Use of force to make arrest
2. 196 PC: Justifiable homicide by Officer
3. 197 PC: Homicide in self defense

Read listed sections

D. Department Policy

Read Department Policy **(1h)**

1. Report writing
2. Preliminary investigation overview
3. Using lethal force
  - a) Reasonable cause to believe...
  - b) Imminent threat
  - c) Death or great bodily injury
  - d) Fleeing violent felon specifications
  - e) Other policy areas and issues

E. Case Law

1. Graham vs. Connor
  - a) reasonable force
2. Tennessee vs. Garner
  - a) Deadly force
  - b) Fleeing felon

Overview of cases

**(1h)**

F. Force Options

1. Non-injury causing force
  - a) professional presence
  - b) verbal commands

**(1i)**

# FIREARMS TRAINING

## POST PSP PROGRAM, MODULE 1

---

### OUTLINE

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- c) control holds
- d) electric weapons
- e) chemical agents
- 2. Injury causing force
  - a) Impact weapons
  - b) Less-lethal projectiles (bean bags)
  - c) K-9
- 3. Deadly force
  - a) Firearms
  - b) Other circumstances justifying deadly force

### III. P.O.S.T. L.E.O.K.A. STUDIES

- A. 2000-2004
- B. Vital Statistics
- C. Conclusive Tactical Analysis
  - 1. Low Light Conditions
  - 2. 5-10 feet
  - 3. 2 rounds
  - 4. 2 seconds
  - 5. Officer Accuracy, 10-20%
  - 6. Use of available cover
  - 7. Summary-overview

### IV. SHOOTING PERFORMANCE

- A. Accuracy (1d)
  - 1. Consistently place projectile where aimed
  - 2. Three elements to shooting accuracy
    - a) Consistent ammunition performance
    - b) Consistent weapon performance
    - c) Consistent SHOOTER performance

### V. FUNDAMENTALS OF SHOOTING (8) (1d,1a)

Objective: To develop and refine instinctive, psycho-motor basic shooting techniques that will develop speed, accuracy, and effectiveness during any type of shooting event.

- A. Stance
  - 1. Characteristics of proper stance
  - 2. Isosceles
- B. Grip
- C. Sight Alignment
- D. Sight Picture

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## POST PSP PROGRAM, MODULE 1

---

### OUTLINE

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1. Is the relationship of sight alignment to target
2. Wobble Area (arc of movement)
- E. Breathing
  1. Respiratory Cycle
  2. The body is most stable during Respiratory Pause
  3. Without oxygen the body experiences problems
- F. Trigger Finger Placement
  1. Semiautomatic
  2. Revolver
- G. Trigger Control
  1. Pressing the trigger without moving the weapon.
  2. Proper trigger control includes
- H. Follow Through
  1. applying all the elements until the shot breaks

#### VI. PISTOL PRESENTATION

Objective: To develop and refine the psycho-motor skills involved in drawing from the holster which ensure maximum speed and effectiveness.

- A. Count one
  1. Good grip
  2. Unsnap holster
  3. Support hand into chest
- B. Count Two
  1. Draw
  2. Pistol rocked up and forward
  3. Wrist is positioned above holster
  4. Forearm parallel to the ground
  5. Trigger finger indexed
- C. Count Three
  1. Punch pistol outward
  2. Into support hand
  3. Isometric tension
  4. Low ready positioning
- D. Count Four
  1. Pistol raised to eye level
  2. Eye focus on front sight
  3. Sight alignment/picture are verified
- E. Count Five
  1. Finger on trigger
  2. Trigger press
  3. Maintain sight alignment

# FIREARMS TRAINING

## POST PSP PROGRAM, MODULE 1

---

### OUTLINE

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- F. Post shooting
  - 1. Did I hit?
  - 2. Did it work?
  - 3. Low ready position, three count
  - 4. Assess the threat
  - 5. Scan
  - 6. Reassess
  - 7. De-cock
- G. Holstering
  - 1. Only when tactical situation warrants
  - 2. Reverse of draw count
  - 3. Count Two
  - 4. Support hand into chest
  - 5. Additional scan and assessment
  - 6. Quick and effective holstering
  - 7. Eyes remaining forward on the threat

## VII. RANGE DRILLS (Dry Fire Drill)

(1b,c,d,e,f,g)

Objective: To develop and refine the psycho-motor skills involved in using firearms, and maximizing speed, accuracy, and effectiveness, as applied in the various major tactical conditions drawn from the POST LEOKA studies.

All Drills and courses of fire emphasize weapons Safety, muzzle and fire discipline, fundamentals of Shooting, and the Five Count Presentation.

Range Orientation and second safety briefing are given a second time prior to any practical exercises.

(1c)

### A. The Safety Check

- 1. Start with holstered weapon.
- 2. Draw the weapon, index, point down range
- 3. Lock the slide to the rear.
- 4. Ensure that weapon is empty, check again.
- 5. Release the slide.
- 6. Holster using strong hand only.
  - a) do not look at holster or weapon.
  - b) use strong hand only to snap holster.

### B. Loading

- 1. Draw the weapon and lock slide to the rear.
- 2. Bring weapon to eye level, muzzle pointed

# FIREARMS TRAINING

## POST PSP PROGRAM, MODULE 1

---

### OUTLINE

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- down range at 45 degree upward angle.
- 3. Draw an empty magazine and index.
- 4. Keep weapon at eye level and load magazine.
- 5. Extend arms and release slide as weapon is pointed at target. Obtain two-hand grip.
- 6. Align sights as quickly as possible.
- 7. Holster the weapon.
- C. Sight Acquisition and Tracking
  - 1. Draw weapon and assume isosceles stance.
  - 2. Remove slack from trigger with trigger finger.
  - 3. Obtain sight alignment as quick as possible.
  - 4. Move sights two all corners of the target keeping sights properly aligned.
  - 5. Holster the weapon.
- D. Sight Alignment/Trigger Control (1d)
  - 1. Begin with isosceles stance in low ready.
  - 2. Quickly align sights on target.
  - 3. Apply slow, steady, continuous, even, pressure.
  - 4. After firing pin drops, hold trigger to the rear.
  - 5. Rack the slide with weak hand.
  - 6. Reset the trigger.
  - 7. Repeat several times.
- E. Sight Picture/Trigger Control
  - 1. Start in Isosceles stance, low ready position.
  - 2. With finger indexed, rack the slide.
  - 3. Obtain sight picture and sight alignment.
  - 4. Press trigger while holding sight picture inside "wobble area".
  - 5. After the firing pin has been released, hold trigger to the rear.
  - 6. Rack the slide and reset the trigger.
  - 7. Repeat.
- F. Trigger Reset
  - 1. Start in Isosceles stance, low ready position.
  - 2. Quickly align sights on target, press and hold trigger.
  - 3. Rack the slide with weak hand, establish grip.
  - 4. Reset the trigger and obtain sight picture.
  - 5. Repeat.
- G. 2 Person Dry Fire Drill
  - 1. Shooter establishes stance, sight picture.
  - 2. Shooter presses and holds trigger.
  - 3. 2<sup>nd</sup> person racks slide.
  - 4. Shooter resets the trigger and fires again.
  - 5. Repeat.

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## POST PSP PROGRAM, MODULE 1

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#### VIII. OTHER RANGE DRILLS

##### A. Warm-up Course

1. 8 rounds into 10 ring at 15 yards (2 times)

##### B. Combat Reload Exercise

1. Tactically reloading
  - a. Bring handgun up to full capacity,
2. When shooting has stopped.
3. Move to cover
4. Decock/double action.
5. Proper grip of fresh magazine.
6. Strip and replace magazine in gun.
7. Used magazine in pocket not pouch.
8. Practice and proficiency demonstration.

##### C. Flashlight shooting exercise

1. Carries/Tactical
2. Alternate Flashlight shooting techniques.
3. Safety Precautions.
4. Dry-fire practice.
5. Reloading
  - a. Move to one knee/cover
  - b. Place flashlight behind the knee

##### D. Weapon Malfunction Exercise

**(1f)**

1. Class 1, failure to fire.
  - a. Practice with dummy rounds
  - b. Practice with live fire (5x)
2. Class 2, Double feed
  - a. Lock, Drop, Rack, Load.
  - b. Practice with dummy rounds
  - c. Practice with live fire (5x)

##### E. Ball and Dummy Drills

1. 3 Mags with a mix of 5 rounds, 3 dummy rounds
2. Proper clearance
3. 7 yard line, 6 magazines

##### F. Failure Drills (BAD)

**(1e)**

1. Theory
  - a. Target the brain, turn off the neurological switch
2. Shot placement
  - a. Ocular, "T"
3. 7 yard line, 2 and 2
  - a. 2 Magazines
  - b. with tactical loading/reloading

##### G. Double Tap Drill

**(1g)**



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## POST PSP PROGRAM, MODULE 1

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1. Shot placement
  - a. Optimum 4 " spread
  - b. Upper Thoracic Cavity
2. Stopping Power
  - a. Maximum Shock-Stopping Power
  - b. vs. bleeding out.
    - i. Major artery-up to 12 seconds
3. Controlled pair (1d)
  - a. Sight Picture, Smooth Trigger pull
  - b. 7 yard line and out
  - c. 2 magazines
4. Accelerated Pair
  - a. Flash sight picture/front sight
  - b. 5-7 yards and closer
  - c. Double taps emphasizing speed and accuracy
  - d. 2 magazines
5. Spread Fire Course
  - a. Threat assessment/prioritization
    - i. Threat ID
    - ii. Threat type, lethality, and range
    - iii. Highest threat prioritization
  - b. 3 targets at 7 yard line, 2 rounds each, 3 times
    - i. 2 magazines
    - ii. with tactical reloads

IX. **Qualification** (1b)

- A. 37 Rounds
- B. 80% Passing Score (miss 7)
- C. 1 yard line to 3 yard line
  1. 3 rounds in 10 seconds
    - a. On command, shooter stutter steps laterally, fires 2 rounds from the hip
    - b. Shooter steps backwards, evaluates threat, fires 1 round supported, scans for threats
  2. Tactical Reload and holster
- D. 3 yard line to 7 yard line
  1. 10 rounds in 15 seconds

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## POST PSP PROGRAM, MODULE 1

---

### OUTLINE

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- a. On command, with firearm holstered, shooter moves to the 7 yard line
  - b. On command, shooter steps laterally, fires 5 round strong side unsupported
  - c. Shooter transitions to the off-hand, fires 5 rounds unsupported, scans for threats
  - d. Tactical reload and holster
- E. 7 yard line to 10 yard line
- 1. 12 rounds in 15 seconds
    - a. On command, with firearm holstered, shooter moves to the 10 yard line
    - b. On command, shooter steps laterally, fires 6 rounds strong side supported
    - c. Shooter transitions to the off-hand and fires 6 rounds supported, scans for threats
    - d. Tactical reload and holster
- F. 10 yard line to 15 yard line
- 1. 10 rounds in 18 seconds
    - a. On command, with firearm holstered, shooter moves to the 15 yard line
    - b. On command, shooter steps laterally, fires 2 rounds in 6 seconds, low ready
    - c. On command, shooter fires 4 more strings of 2 rounds each in 3 seconds, low ready between each string, scan for threats
    - d. Emergency reloads as necessary, holster
- G. 15 yard line to 25 yard line
- 1. 2 rounds in 10 seconds

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POST PSP PROGRAM, MODULE 1

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- a. On command, with firearm holstered, shooter moves to the 25 yard line
- b. On command, shooter steps laterally, fires 1 round strong side supported standing/barricade
- c. Shooter the fires 1 round strong side supported kneeling/barricade
- d. Emergency reloads as necessary, holster an empty firearm

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