

Course Title: Baton / Impact Weapons

**COURSE GOAL:** The course will provide the trainee with topics of instruction for the use of the expandable baton. The trainee will develop tactical knowledge, skills, and understanding that the expandable baton is an intermediate level/ impact weapon with the ability to safely and effectively control a non-compliant, resistive or assaulting suspect.

The course consists of “hands on”/ practical use of expandable batons for in-service police officers. The course instruction is dedicated to the various uses of the expandable baton.

The first four hours of the course is intended for in-service officers with proficiency with the Straight Baton. The course can be increased to eight hours for officers that have not previously used a Straight Baton.

**COURSE OBJECTIVES:** Upon completion of this course, the student will know:

1. Peace Officers’ legal authority to use an expandable baton, including department policy
2. Conditions when the use of an expandable baton is justified
3. Appropriate target areas on a suspect’s body
4. Non-target area on a suspect’s body

**COURSE OBJECTIVES:** Upon completion of this course, the student will demonstrate:

1. A minimum standard of performance in the use of an expandable baton, both in the expanded and closed formats
2. Appropriate decision making regarding the use of force
3. Appropriate escalation and de-escalation of force

## COURSE CONTENT:

4:00 HOURS

EXPANDABLE TO 8 HOURS

1. INTRODUCTION	:05
2. USE OF FORCE AND LEGAL ISSUES	:25
3. GUIDELINES FOR USE	:15
4. TARGET & NON-TARGET AREAS	:15
5. WARM UP & STRETCH	:30
6. DRAWS & CARRY	:30
7. JABS AND CLOSED FORMAT STRIKES	2:00
8. ZONE AND OPEN FORMAT STRIKES	3:00
9. PROFICIENCY DRILLS, TESTING, & REMEDIATION	1:00

## HOURLY DISTRIBUTION SCHEDULE

0000-0005	Introduction Safety Orientation Testing explanation	Impact Weapons Instructor
0005-0030	Use of force/ legal issues Nomenclature Department Policy	Impact Weapons Instructor
0030-0045	Guidelines for use Justification for use	Impact Weapons Instructor
0045-0100	Target & Non-Target areas Zone Concept	Impact Weapons Instructor
0100-0130	Warm up and Stretch Footwork (review)	Impact Weapons Instructor
0130-0200	Draws and Carries	Impact Weapons Instructor
0200-0400	Jabs & Closed Format Strikes	Impact Weapons Instructor
(EXPANDED TO 8 HOURS)		
0400-0700	Zone and Open Format Strikes	Impact Weapons Instructor
0700-0800	Proficiency Drills, Testing, Remediation	Impact Weapons Instructor

**TOPIC:** BATON / IMPACT WEAPONS

**TIME FRAME:** 4 HOURS (EXPANDABLE TO 8 HOURS)

**LEVEL OF INSTRUCTION:** II

**BEHAVIORAL OBJECTIVE:**

Condition: Given a class activity and practical examination

Behavior: The student will demonstrate a practical working knowledge of expandable baton techniques and related issues.

Standard: Minimum standards of performance will be evaluated by an instructor observing the trainee during their performance of each learned technique and exercise. If the trainee fails to meet minimum standards, remediation will be provided until the standard is met.

**MATERIALS NEEDED:** Safety equipment (duty belt, handcuffs, etc.), mats, water, first aid kit, phone (or police radio) service, batons

- I. INTRODUCTION III(a,b)
  - A. Introduction, Registration, and Orientation
  - B. Course Objectives and Overview
  - C. Exercises
  - D. Evaluation, Testing, Remediation
  
- II. USE OF FORCE/ LEGAL ISSUES III(g,j,k)
  - A. Expandable Baton Use
    - 1. To gain compliance of a non-compliant, resistive or assaulting suspect
    - 2. Acting in self defense
    - 3. To protect in certain tactical situations
  - B. Unlawful Use
    - 1. Punish a suspect
    - 2. Beat a suspect into submission
    - 3. Legal consequences
      - a) 149 PC – Assault under color of authority
      - b) 245 PC – Assault or force like to cause great bodily injury
      - c) Federal Statues
  - C. Case Law Update
    - 1. Tennessee v. Garner
    - 2. Graham v. Conner
    - 3. Forrester v. San Diego
    - 4. Long Beach v. Long Beach POA
    - 5. Deorle v. Rutherford

D. Nomenclature

1. Closed Format
  - a) Yawara
  - b) Strikes: Jab, Backhand, Rake, Yawara, Bottom Fist, Slap, Upward Roll Over, Downward Roll Over, Palm Up Hook, Palm Down Hook
2. Open Format
  - a. Butt, Shaft, Tip
  - b. Strikes: Forehand, Backhand, One-handed, Two-handed, Yawara, Jab, Specialty Strikes

D. Department Policy

1. Read and review
2. Reporting requirements
3. Medical treatment

III. GUIDELINES FOR USE/ JUSTIFICATION FOR USE

III(g)

A. Verbal Commands (when possible)

1. Continue during use
2. Realize display of baton and/ or its expansion may gain compliance

B. Justification factors (not all inclusive)

1. Size of suspect v. size of officer
2. Suspect exhibits trained fighting skill
3. Fitness of suspect v fitness of officer (i.e., exhaustion)
4. Multiple suspects
5. Behavior of suspect reasonably leads officer to believe that a lesser force option will not generate compliance

IV. TARGET & NON-TARGET AREAS

III(g)

A. Target Areas

1. Zone 1: from the shoulders to the waist, including the hands & fingers
2. Zone 2: from the waist to the tops of the feet
3. Zone 3 & 4: specialty strikes for a subject in a fighting stance or similar, to strike down on target areas of outstretched hands and/ or feet from a kick
4. Generally, where bone is closest to the skin, joints, and large muscle groups

B. Non-Target Areas

1. Head
2. Throat & neck
3. Groin
4. Spine
5. Kidneys

V. WARM UP & STRETCH

III(a,b,h,i,k)

A. Warm up

1. Discuss safety hazards
2. Identify potential for injuries

B. Footwork review

1. Position of interview
2. On-guard
3. Forward, rear, left, right shuffle
4. Shuffle pivot
5. Progressive pivot
6. Normal pivot

VI. DRAW & CARRY

III(b,e,h,i)

A. Proper Grip

1. In/ Out of ring

B. Draws

1. Hi – On side
2. Hi – Off side
3. Lo – On side
4. Lo – Off side
5. Hi – Middle
6. Lo – Middle
7. Administrative

C. Carries

1. Ready
2. Lo Ready
3. Hi Set
4. On-guard

\*\*\*\*\* EXPANDED TO 8 HOURS INCLUDES THE FOLLOWING \*\*\*\*\*

VII. CLOSED FORMAT

III(b,e,d,h,i,l)

A. As a Yawara Stick

1. Jab
2. Backhand
3. Rake
4. Yawara

5. Bottom Fist
6. Slap
7. Upward Roll Over
8. Downward Roll Over
9. Palm Up Hook
10. Palm Down Hook

B. With footwork

C. As a Kata

VIII. Expanded/ Open Format

III(e,f,d,h,i)

A. Strikes

1. Zone 1
2. Zone 2
3. Zones 3 & 4
4. Add footwork

B. Yawara Strike

C. Jab Strike

D. Power Chop

E. Circle Strike

F. Circle Power Chop

G. Upward Roll Over

H. Downward Roll Over



IX. PROFICIENCY DRILLS, TESTING, REMEDIATION

III(b,c,d,e,f,h,i,l)

- A. Moving with footwork
- B. On Power Bag
- C. Sustained Resistance Drill
- D. Kata
- E. Remediation as needed after one-on-one training to correct deficiencies